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If I have severe difficulty breathing or swallowing and need help, please call **911**

My name: _____

Address/phone: _____

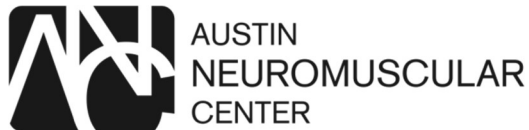
Emergency contact: _____

I have **myasthenia gravis (MG)**, a disease that can cause severe muscle weakness, making it difficult for me to stand, speak, swallow, breathe, see straight and even hold my eyes open.

I am at risk of increased weakness if I take certain medications. Please review the list of “**medications to avoid**” below. For any questions regarding MG, please contact my MG provider:

Name: _____

Contact info: _____



Medications to avoid

- **Anesthetic agents:** Neuromuscular blockers
- **Antibiotics:** Aminoglycosides, fluoroquinolones, ketolides, macrolides
- **Cardiovascular drugs:** Beta blockers, procainamide, quinidine
- **Corticosteroids:** usually a standard treatment for MG but can cause worsening if MG symptoms are severe.
- **Other:** Botulinum toxin, magnesium, hydroxychloroquine, quinine, statins, iodinated contrast agents.