



## MEDICAL ALERT CARD

If I have:

- Difficulty breathing
- Difficulty swallowing
- Need any help

PLEASE CALL **911** IMMEDIATELY

I have **myasthenia gravis (MG)**, a disease that can cause severe muscle weakness, making it difficult for me to stand, speak, swallow, breathe, see straight and even hold my eyes open.

I am at risk of increased weakness if I take certain medications. Please review the list of “**medications to avoid**” below. For questions regarding MG, please contact my MG provider:

**Name:** \_\_\_\_\_

**Contact info:** \_\_\_\_\_  
\_\_\_\_\_

### Medications To Avoid

**Anesthetic agents:** Neuromuscular blockers

**Antibiotics:** Aminoglycosides, fluroquinolones, ketolides, macrolides

**Cardiovascular drugs:** Beta blockers, procainamide, quinidine

**Corticosteroids:** usually a standard treatment for MG but can cause worsening if MG symptoms are severe.

**Other:** Botulinum toxin, magnesium, hydroxychloroquine, quinine, statins, iodinated contrast agents.