

I have **Myasthenia Gravis (MG)**, a disease that can cause severe muscle weakness, making it difficult for me to stand, speak, swallow, breathe, see straight, and even hold my eyes open.

I am at risk for increased weakness if I take certain medications. Please review the list of **MEDICATIONS TO AVOID LIST**. For more information regarding MG, please contact my MG Provider:

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**NAME**

**Austin Neuromuscular Center  
4705 Spicewood Springs Road  
Austin, TX 78759  
PHONE: 512-920-0140  
FAX: 512-920-0142**

**MEDICAL ALERT CARD**



**If I have:**

DIFFICULTY BREATHING  
DIFFICULTY SWALLOWING  
NEED MEDICAL ATTENTION

PLEASE CALL 911 IMMEDIATELY

**MY CONTACT INFORMATION**

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Patient Name

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Home Address

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Phone

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Emergency Contact Name

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Emergency Contact Name

**MEDICATIONS TO AVOID**



**ANESTHETIC AGENTS:**

Neuromuscular  
blockers

**ANTIBIOTICS:** Aminoglycosides,  
fluroquinolones, ketolides,  
macrolides

**CARDIOVASCULAR DRUGS:** Beta-  
blockers, procainamide, quinidine

**CORTICOSTEROIDS:** Usually  
standard treatment for MG but can  
cause worsening if MG symptoms  
are severe.

**OTHER:** Botulinum toxin,  
magnesium, hydroxychloroquine,  
quinine, statins, iodinated contrast  
agents.

**OTHER IMPORTANT INFORMATION**

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