

## Austin Neuromuscular Center Multidisciplinary ALS Clinic

## **ABOUT ALS**

Amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's disease, is a progressive neurodegenerative disease affecting more than 15,000 people in the United States each year.

ALS onset occurs usually between the ages of 40 and 72. Up to 10% of ALS cases are hereditary (genetic), and the remainder occur sporadically.

Early symptoms of ALS include muscle weakness, stiffness, twitching, and atrophy (wasting). Muscles that control speaking, swallowing, breathing, and arm, leg, and trunk movement can be affected.

## **ABOUT OUR ALS CLINIC**

We are committed to providing patients and their families comprehensive, compassionate, and cutting-edge care in the management of ALS in our multidisciplinary clinic. As part of our commitment, we provide our patients the opportunity to participate in clinical trials to help the advancement of ALS research.

Management of ALS requires treatment by multiple coordinating specialists, providing holistic care of each patient. Every third Tuesday of the month, we conduct a multidisciplinary ALS clinic providing comprehensive care to our ALS patients.

During the visit, patients will be evaluated by our team of neuromuscular providers along with the following specialists:

- ALS Association representatives
- adaptive mobility representatives
- augmentative and alternative communication device representative
- dietitian
- occupational therapist
- physical therapist
- respiratory therapist
- social worker
- speech language pathologist

For more information about our ALS clinic, please visit our website.



For more information about ALS, visit The ALS Association website.



For more information about ALS, visit The ALS Texas website.



Austin Neuromuscular Center is part of the Northeast Amyotrophic Lateral Sclerosis Consortium (NEALS).

